



**DEPARTMENT OF PSYCHOLOGY**

**Report Submission: 18/02/2026**

**Semester: EVEN**

**Academic Year: 2025–26**

**Venue :NIMHANS Bengaluru**

**Date: 13/02/2026**

**Time: 10:30 AM - 01:30 PM**

**Duration: One Day (3 hrs)**

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**TYPE OF EVENT: INDUSTRIAL VISIT**

**Event Name: Visit to NIMHANS**

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**Target Audience: BA Psychology students**

**Number of Participants: 34**

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**Objectives:**

1. To acquaint students to the functioning of an institution related to neuroscience
2. To connect theoretical foundations dealt in the classroom with first-hand learning experience
3. To invoke curiosity towards neuropsychology and related fields

**Program Introduction:**

The National Institute of Mental Health and Neuro Sciences (NIMHANS) in Bengaluru is India's premier, autonomous institution for mental health and neuroscience. Established in 1974, It integrates advanced patient care, research, and training under the Ministry of Health and Family Welfare, serving over 500,000 patients annually with a 1096-bed capacity.

Collected over the past 35 years, the NIMHANS Brain museum exhibits brains affected by various head injuries, cerebrovascular diseases, brain infections, neurodegenerative disorders, brain tumours, and brains of a few species of animals as well. The most interesting part about this museum is that visitors are allowed to touch and feel the real human brain on request. Some of the highlights of the collection are a brain with worms in it, brains affected by Parkinson's and Alzheimer's disease, smoker's lungs, and electro-micrographs showing the complexity of the nervous system..

To facilitate better understanding through observational learning in a natural setting, a visit was organized to NIMHANS Brain museum for 34 students of BA Psychology on 13/02/2026



**Theme of the Event:**

The students BA Psychology have a core segment on “Biology & Behavior”. The curriculum covers biological correlates of various behaviors including the regions of the brain and nervous system, along with the methods of studying the same.

**Detailed Report:**

The Department of Psychology organized a one day visit to NIMHANS Brain museum for 34 students of BA Psychology on 13/02/2026

The visit commenced at 10:30 am as the students along with accompanying faculty Mr Swaroop arrived at NIMHANS. They were received by the resident Dr. Prabhu who first laid down the guidelines for the visit, introduced the aims and functions of the institution, along with the various sections which they would be about to visit.

The tour began with the initial section presenting the history and milestones achieved by the institution. Following this, Dr Prabhu escorted the students to the main viewing section of the museum, where a collection of preserved human organs including a real human brain was stored. As the students gathered around the main exhibit, Dr Prabhu began with a lesson in basic brain biology and related areas, some already covered by the curriculum while much of it covered newer insights into our understanding of the brain. He went on to explain the hemispheres, lobes, division by region and their respective functions. Alongside the brain came the spinal cord whose role in perception, information relay and processing was explored. Connecting the functions of the two, Dr Prabhu explained the implications of damage using real life examples along with the correlates of the central and peripheral nervous system. After an exhaustive session on the brain and spinal cord, Dr Prabhu went on to elaborate on other vital organs including the heart, lungs, liver, pancreas, kidneys, and intestines and their respective roles in metabolism and maintaining homeostasis. The in depth explanations along with real life examples reflected Dr Prabhu's experience and expertise in the field which left the students thoroughly impressed. Taking questions from the students on various areas, Dr Prabhu was able to address them adequately, supported by the vast collection of exhibits of human brains, both healthy and afflicted by various ailments that offer a visually striking image, encoding the information provided into memory.

The highlight of the visit was the opportunity to touch and feel the real human brain, which the students eagerly availed. The experience sparked curiosity, led inhibitions off the edge to participate

in the experience and students remarked over the opportunity that would not have been made possible elsewhere.

Attached herewith are Geo-Tagged Photos of the visit. Due to strictly enforced privacy concerns, the institute did not permit any photography of the exhibits specifically, and other moments overall. The visit was concluded with a group photograph.

### Geotagged Photos



Dr Prabhu demonstrating the sutures on the skull.



Brain and Spinal Cord



Explaining the vertical segments of the spinal column



Sample image of touching the brain sourced from online archives of NIMHANS



Group Photograph after the visit.



All in all, the visit fulfilled its objectives and the students were left feeling contented, leading to positive outcomes which were thoroughly fulfilled.

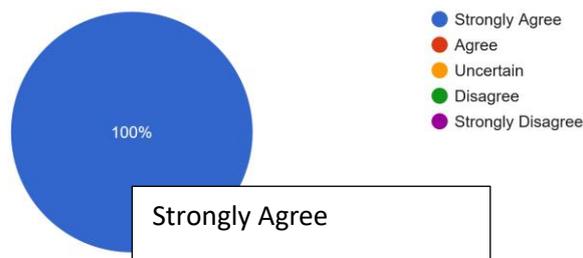
**Outcomes:**

1. Students were familiarized with the functioning of an institution related to neuroscience
2. Students were able to connect theoretical foundations dealt in the classroom with first-hand learning experience
3. Students showed heightened curiosity towards neuropsychology and related fields.

**Conclusion and Audience Feedback Summary:**

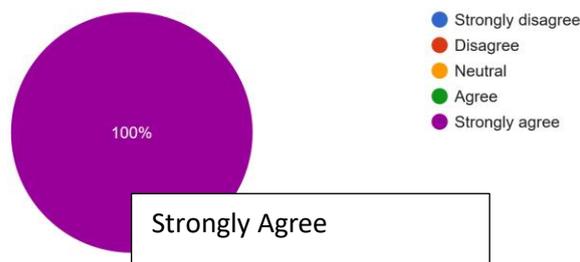
The visit ended on an elated note. The feedback received from the participants was statistically analyzed. Analysis demonstrated satisfaction on attending the visit and hence served its purpose.

The visit was relevant to the course  
34 responses



Conclusion: 100% students appreciated the relevance of the visit to their course content.

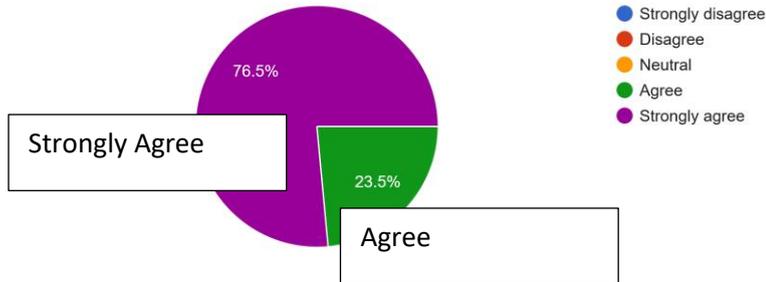
The resource persons were well versed in the field  
34 responses



Conclusion: 100% students appreciated the resource person for his expertise and effective explanations.

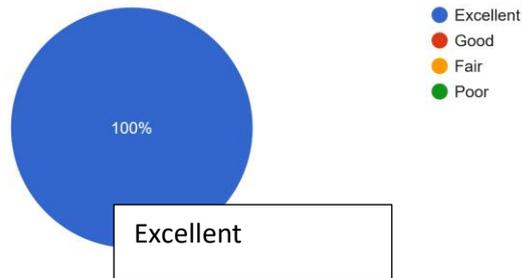


The time allotted to the visit was sufficient  
34 responses



Conclusion: 76% students appreciated the time allotted for the visit while the rest expressed their interest to continue longer.

Rate the visit overall  
34 responses



Conclusion: 100% expressed their satisfaction with the visit overall.